

## Chicken Cacciatore (FDD)

Makes: 4 Servings

This easy recipe features chicken cooked in a tomato base. It is a quick chicken recipe that is full of flavor.

## Ingredients

- 1 onion (chopped)
- 1 1/2 cups low-sodium diced tomatoes (canned)
- 1/2 cup low-sodium tomato sauce (canned)
- 1/8 teaspoon garlic powder
- 1 teaspoon dried oregano (if you like)
- 1/8 teaspoon black pepper
- 4 pieces chicken (thighs, breasts, or legs skin removed)

## **Directions**

- 1. Put the chopped onion in a saucepan.
- 2. Add the tomatoes, tomato sauce, garlic powder, and black pepper. If using oregano, add that too.
- 3. Cook on low heat for 3 minutes.
- 4. Add the chicken to the sauce pan and cover the pan.
- 5. Cook over low heat for about 1 hour until the chicken is fully cooked.

Source: Recipe adapted from SNAP-ED Connection Recipe Finder